

Colchester and Parks Recreation

“Creating Community Through People, Parks & Programs”

Summer 2007



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Vote for your
favorites!

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From the Director

I want to start off this issue by thanking the nearly 150 volunteers that turned out for the 2nd Annual Spring Clean-Up Volunteer Day on April 28. After seeing just how much was accomplished at last year's event, we thought we had planned appropriately this year. But the scores of individuals, families and organizations that turned out once again polished off all of the planned projects an hour ahead of schedule! The two truckloads (approx. 80 yards) of mulch that were spread that day would have taken countless man-hours by our Parks Crew; instead, they are freed up to tackle other projects and duties to maintain and improve our town's parks and grounds. And thank you to the sponsors that helped make the event possible: D.H. Marvin & Son; State Farm Insurance; Casey Chiropractic; and Bagels & Beyond. This is truly one of the most inspirational events of the year.

We would also like to welcome the newest member of our family, Liz Kessler, who joined our department as our new Office Manager. Learn more about Liz in this issue's "Focus On..." Liz is taking over for Kathy Spangler, who was with Parks & Recreation for six years. Kathy is taking on new challenges as the Administrative Assistant for Colchester Youth Services. So while Parks & Recreation may have lost her, at least we've kept her in the greater Town of Colchester family. We wish her the best of luck!

If you've seen R1 field at the RecPlex this spring, than you can appreciate the facelift it received during its closure throughout the past fall and winter. By partnering with the Colchester Baseball League, who donated thousands of dollars and many volunteers, we were able to take advantage of the field resting period and give the turf and infield an "extreme makeover" of our own. With this success still fresh, the Parks & Recreation Commission has approved a similar closure of R3 this fall, and plans to close one field for a season each year; no amount of maintenance can replace a good old-fashioned rest for the turf.

I want to invite everyone with children in pre-school through grade 6 that have not experienced our incredible summer camp to make this the summer they do. While I could list an endless array of programs, events and activities that make our camp great, the most important part is our staff. Nowhere have I met or worked with a more dedicated, caring group of camp staff. Their goal is to have a positive impact on each camper every day – and it shows! Whether your children attend for one week or all seven, we guarantee it will be an experience to remember. Look for more information in this brochure.

Most importantly, whether you and your family are participating in our programs, enjoying our parks, or even venturing to other locales throughout CT and beyond, we encourage you to be active and healthy. Take advantage of every opportunity to get out of the house, away from our TVs, video games and computers, and experience nature as part of Great Outdoors Month, which is celebrated nationally throughout June, followed by National Parks & Recreation Month in July.

See you in the parks!

Sincerely,

Jason Cohen

Jason Cohen, CPRP
Director Colchester Parks & Recreation

We're Listening!

**WE WANT TO HEAR FROM YOU!
ANY QUESTIONS OR COMMENTS?
CALL OR DROP US AN E-MAIL.
KEEP THIS IMPORTANT INFORMATION!**

Please Note: All Town Hall email addresses have been changed to ".gov" Main Office is located at Town Hall:
127 Norwich Ave, Colchester, CT 06415.

PARKS & REC ADMINISTRATION

Director, Jason Cohen - jcohen@colchesterct.gov
Office Manager, Liz Kessler - ekessler@colchesterct.gov
Recreation Coordinator, Anita Miazga - apmiazga@colchesterct.gov
Office/Program Assistant, Jason Albrycht - jalbrycht@colchesterct.gov
Phone: (860) 537-7297 Fax: (860) 537-0547

PUBLIC OFFICE HOURS

Mon - Fri 9am - 4pm

PARK MAINTENANCE

Tim Angell, Crew Leader
Don Standish, Mike Ryder
Neal Trecarten, Don Johnson, Nate Emmons, Jay Gigliotti

SPORTS LEAGUES - WHO TO CONTACT

Although many organizations use town's facilities, the following groups *do not* come under the Direction of Colchester Parks & Recreation. Unless otherwise specified, sports leagues can be reached through their voice mailbox on the Parks & Recreation Infoline: 537-7297.

YOUTH:

Basketball: Paul Scheibelein - basketball@colchesterct.info

Cheerleading: Tina Everett 537-0700

Football: football@colchesterct.info

Sean O'Leary -

Lacrosse: Tracy Loskant - lacrosse@colchesterct.info

T-Ball, Baseball & Youth Softball:

Tom Lambert - baseball@colchesterct.info

www.eteamz.com/colchesterctbaseball

Youth Soccer: Bruce Lund - soccer@colchesterct.info

Youth Wrestling: Gordon Elrod - wrestling@colchesterct.info

www.colchesterwildcats.org

ADULT:

Men's Softball: Mike Gatesman - menssoftball@colchesterct.info

Women's Softball: Lynn Weir - www.colchestersoftball.org

Men's Soccer: Hugo Vivero - menssoccer@colchesterct.info

COLCHESTER SPECIAL OLYMPICS:

Necia Stopa - nstopaharp@yahoo.com

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Ellen Lind
President & Publisher

Paul Provost
Advertising Director

Christopher Bates
Creative Services Manager

Walter Riley
Retail Sales Manager

John Tolmie
Retail Sales Manager

Elise Green
Sales Executive

Cover Design
Barbara Burgess

Book Layout
Christopher Bates

Advertising Designers
Sharon Brochu
Barbara Burgess
Tanya Dlabaj
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Karen Mazur
Paul Przybylski

Community News and Happenings

Athletic Facilities Task Force Update

For the past year and a half, the Athletic Facilities Task Force has worked diligently in pursuit of its ultimate goal of recommending to the Town what facilities are needed over the next ten years, as well as where those facilities could most feasibly be developed. At this week's meeting, they took a large step forward by voting to recommend a particular site for field development, with the hopes of partnering with the Cody Camp Memorial Field Foundation to bring that part of the plan to fruition.

Working with Vollmer Associates, the architects hired by the Task Force through generous private donations, some potential sites have been considered for the facilities, all of which are on town-owned land. Knowing the interest of the foundation to work with the Town, the Task Force put its earliest effort on locating an appropriate site for a ballfield. At its April 25th meeting, the Task Force voted to recommend a little league size field, along with an overlapping rectangular all-purpose field, parking and site improvements, to be built on land that sits along the Colchester Spur of the Air Line Trail, with access from Windham Avenue.

The task force still has a few months worth of work to do to complete its final report and recommendations, but thought the plan could create an exciting opportunity to work with the foundation. The foundation has accrued significant financial donations, as well as commitments of services, in order to construct a ballfield in memory of Cody Camp, a 6-year-old boy who passed away last year due to cancer. Cody was an avid baseball player and fan and the foundation felt that building a field such as this would be an appropriate way to remember him.

At an earlier meeting where the site was first proposed, Bob McGovern, president of the Foundation, expressed great interest in working with the Town to achieve both groups' goals. "The foundation committee is excited about working with the town to achieve both our long-term goals. We believe this is a fantastic opportunity to help the town address its athletic field deficit while memorializing a 6 year old boy who loved the game of baseball."

Jason Cohen, Parks & Recreation Director and Task Force member, agreed, saying, "It's really a perfect site for a ballfield. Not only is it accessible from both the trail and Windham Avenue, but the area is served by both water and sewer utilities."

Board of Selectmen member, Greg Cordova, added, "This Town owned property seemed to be the most appropriate location to achieve an important first step towards our 10 year plan while working with the Cody Camp Foundation, and could potentially attract more individuals' awareness to utilize the airline trail".

The vote of the Task Force will now send its recommendation on to the Board of Selectmen. If the Board approves of the site after a review of the recommendation, it would separately have to approve a formal partnership between the Town and the Foundation in order for the project to move forward as envisioned.

Based on the data collected during over a year of research, the Task Force is planning to recommend: a community center including an indoor pool, five multipurpose ballfields, reconstruction of the Bacon Academy track along with artificial turf and lighting, lighting of the remaining fields at the Recreation Complex, additional walking trails, and additional playgrounds where appropriate. Continued research is still needed to determine the most feasible locations for these facilities, as well as possible alternative funding sources.



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PRIDE IN THEIR COMMUNITY!!!

Saturday, April 28th was Colchester Park and Recreation's 2nd annual Spring Clean Up. This event was a splendid success. With over 100 volunteer participants, we were able to spruce up several locations including the Town Green, Veteran's Green, the Youth Center, Bacon Academy, WJJMS, JJIS, the Library, the Recplex, and other locations.



Volunteers from the Bacon Academy Football Team, Colchester Youth Football, Colchester Youth Soccer, Colchester Gardening Club, Interact, the National Honor Society, Girl Scouts Pack 13, Rotary, Liberty Specialty Care, St Andrew's Church, as well as individuals from within our community all came together in one common goal--to help make Colchester's facilities the envy of other communities. I am proud of the youth and young adults who chose to give back to a community that has supported them in their endeavors. They have set a tone for their peers to emulate--the spirit of volunteerism. You are the future, learn to lead.

I would also like to thank our sponsors, D.H. Marvin & Son, State Farm Insurance-Paul Catalano-Agent, Casey Chiropractic and Bagels and Beyond whose generous contribution made this event possible. Thank

you for choosing Colchester as your community of choice to proffer your businesses.

I would also like to acknowledge and thank Jay Cohen, his staff and the Park & Rec Maintenance Crew for their lead roles in planning and running this project. Together the Colchester Parks & Recreation Department and the Colchester Parks & Recreation Commission will strive for double the participation for next year's event. So, if you enjoyed yourself, and I suspect you did, help us meet our goal by spreading the word.

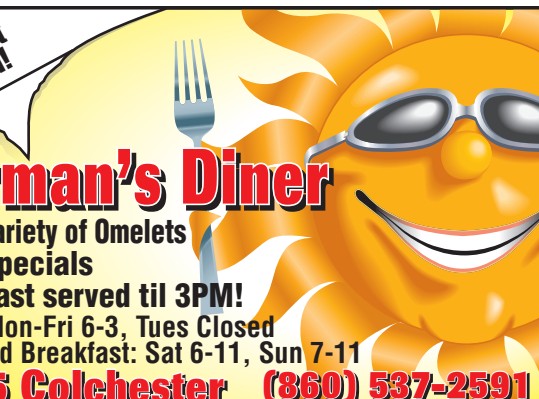
Thank you one and all for making Colchester's Spring Clean Up--2007 a tremendous success.

Sincerely,
Sean O'Leary,
Chairman--Colchester. P&R Commission

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News and Happenings Continue

Long Live 57 Fest!

What's in a name? Apparently quite a bit. In our last issue, we initiated a naming contest to solicit suggestions for a new title for our popular fall festival. After reviewing the top suggestions from the plethora of entries that came in, the Parks and Recreation Commission voted to keep the name as-is: *57 Fest!*

The reasons discussed included the broad recognition that the event name already enjoys, as well as its uniqueness. It seems there is no one in town who does not know what the 57 Fest is all about. And there is surely no other 57 Fest throughout the state or country.

The biggest concern of opponents to retaining the name has been that its title may become outdated. The fest was named to commemorate the listing of Colchester as the 57th best place to live in the country, among small towns. This ranking is released every year, focused on varying population sizes, by its producer, CNN/Money Magazine. Should Colchester's ranking change in future lists, the title might seem inappropriate.

Supporters of the name, however, say that regardless of future rankings, the name will always recognize our first

listing. And the unique name gives people the opportunity to tout Colchester as they explain its history to family and friends.

Regardless of what it's called, the planning committee (see related announcement) looks forward to seeing all of Colchester at the third annual event on Saturday, September 29!

57 Fest Committee Being Developed

Over the past two years, the 57 Fest has been produced by a committee made up entirely of Town staff. For 2007, the planning committee is seeking to bring in members of the community to take part in the planning and operation of this growing annual favorite.

The first meeting will be Tuesday, June 12, 5:30pm at Town Hall, and will most likely continue to meet in the evening one to two times per month – perhaps more often as the event nears.

Interested community members should contact **Liz Kessler** at Colchester Parks & Recreation by June 8: ekessler@colchesterct.gov or 537-7296.

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Owner

J66419

Sponsorship Opportunities

Colchester Parks & Recreation is always looking for local businesses that are interested in working with us to support our programs and events as sponsors. A far cry from donations, our sponsors receive excellent value for their marketing dollar, by creating valuable relationships and reaching their target audience. Past sponsors routinely return to work with us, happy with the return on their past investments. For a current list of our sponsorship opportunities, including the various benefits associated with them, visit our sponsorship web page at: www.colchesterct.net/sponsors. If you don't see just the right opportunity for your business, we invite you to sign up on the email list on that page, and you will be among the first to be notified as new opportunities arise. Of course, you can always contact our office to see what's coming on the horizon and let us know of any specific interests you might have.



Whoever has the most fun WINS!!

Stop at the Parks and Recreation office before you go and pick up your discount tickets! Good any day until the end of the season! Our office hours are Monday – Friday 9:00 a.m. to 4:00 p.m. For your convenience Visa & Mastercard are accepted.

Lake Compounce Discount Tickets

Whether it's chills or thrills that make you happy they've got the best of both, and then some! Play all day on rides like Boulder Dash, Zoomerang and Thunder n' Lightning. Chill near the lake in Anchor Bay, Clipper Cove and Mammoth Falls. And little thrill seekers will enjoy Garfield's Circus World perfect for ages 3-10 and brand new for 2007 Zoomers Gas 'n Go!

Colchester Parks & Recreation "Any Day Pass" \$26.00 per person

Gate Price: \$33.95 per person
Savings: \$7.95 per person!

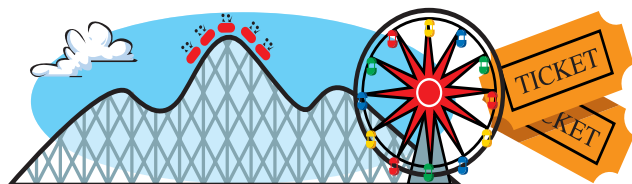


Six Flags New England Discount Tickets

Summertime is here and it's time to take a trip to Six Flags! Many theme coasters and a great water park! For theme park details check out their website at www.sixflags.com/parks/newengland

Colchester Parks & Recreation "Any Day Pass" \$28.00 per person

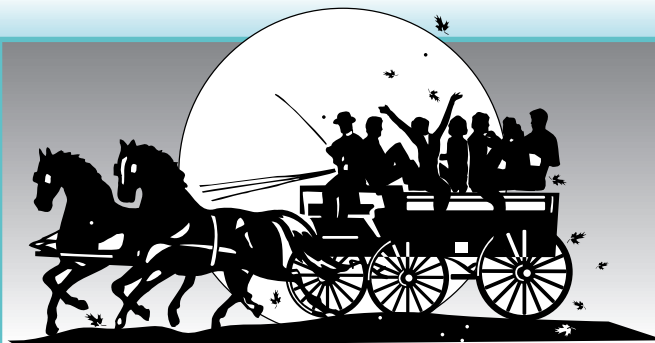
Gate Price: \$49.99 per person
Savings: \$21.99 per person!



WHERE IN THE WORLD?



Here's Ryan and Connor Goldberg in "Boca", a neighborhood in Buenos Aires known for its arts, crafts and colorful buildings. It is the home of the "Boca Junior" professional soccer club.



Haunted Halloween Hayride Saturday, October 27th at SUNDOWN

Great news! Due to the overwhelming participation of our Haunted Halloween Hayride we have secured a new and fantastic location! This year we will be holding the event at the Zagray Farm on Route 85 on the Colchester/Hebron line. Just think of the hayride's potential among all those old, creepy, haunted tractors and machines!

This means longer hayrides, scarier scenes and more fun for everyone! It also means there are many more opportunities for you and your organization, group, family etc. to join us in the spirit of Halloween and try to scare people!! If you're interested in finding out more about the expansion of this event and how you can join the fun, please contact:

Anita Miazga at Parks & Recreation at
537-7236 or apmiazga@colchesterct.gov.

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Summer Concerts & Entertainment

Enjoy the Concerts and Dinner!

The 2007 Summer Concerts on the Green sponsored by Colchester Chevrolet will feature an incredible line up of musical entertainment, along with inexpensive family dinners for sale! Bring the entire family out to the Town Green every Sunday evening from July 8 through August 12; food will be served beginning at 5pm, with the concert starting at 5:30.

On the concert web site, www.colchesterct.net/concerts, you can learn more about the fantastic line-up of bands, the



additional fun activities, and the various menus provided by a different non-profit organization each week.

While the Concert Series receives the majority of its funding from its partnership with Colchester Chevrolet, there is still need for donations, as the series does not receive any town funding. Donators are recognized in the official concert program, as well as on the concert web site. Donations may be made online, through the concert web site, or by completing and returning the donation form available online or through the office.

July 8 – Dyn-o-mite Disco Review (disco)
July 15 – Souled Out (Motown)
July 22 – Steve Songs (kids/family)

July 29 – Sister Funk (rock)
August 5 – Smokehouse (country)
August 12 – Memphis Soul Spectacular (R&B)

Colchester Community Theatre

announces its **Children's Summer Theater Workshop**, July 9 through July 21. Auditions will be held Wednesday, May 30, 6:30 p.m. to 8:30 p.m. and Sunday, June 3, 1:00 to 3:00 p.m., at the St. Andrew Church Hall, 128 Norwich Avenue, Colchester. The workshop is open to all children entering grade 2 through



grade 12 in the fall. Every child must audition to attend the program. There are NO exceptions. Please note that the auditions are used only for determining placement in the program, not for determining if a child is eligible to enter the program. The program is limited to 100 children. In the event that more than 100 children audition, a lottery will be held to determine which 100 children get into the program.


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Each child is to bring sheet music or an instrumental recording and be prepared to sing. An accompanist will be provided. The workshop will be held at Bacon Academy Auditorium, July 9 through July 20, Monday through Friday, 9-Noon, culminating in a show on July 21 at 2:00 p.m. The program fee is \$85 per child (add'l \$15 for non-residents), payable at auditions. Enrollment and health forms will be completed by parents and/or guardians at auditions as well. For more information, please visit our website at www.colchestercommunitytheatre.com. If you have any additional questions, you may contact **Wallis Johnson** at 267-1023 or **Laura Brown** at 537-3259. CCT is sponsored by Colchester Parks & Recreation.

Colchester Civic Orchestra and Choir is a community organization providing an opportunity for musical growth and expression to musicians and vocalists of all ages. We welcome prospective members to join us at a rehearsal. The orchestra and choir rehearse at the Colchester William J. Johnston Middle School on Thursdays from 7:00-9:00 PM.

The orchestra was organized in 2002 under the Colchester Arts Commission by music director John Ringo. The choir was formed in 2004. We present annual spring and holiday concerts, and in the summer we perform at a few outdoor venues. The orchestra and choir's goals are to contribute positively to the musical environment of the area, enrich and entertain the community with quality performances, provide an opportunity for individual musical expression and growth, and support and encourage fellow musicians through a learning experience.

We welcome musicians and vocalists of all levels who enjoy playing or singing and having fun! Annual membership is \$35 for adults, \$15 for those under 18.



If you are interested in learning more please attend a rehearsal, see our web page at www.colchestercivicorchestra.org, or contact Sue McGann, Secretary of CCO 860-267-0288 or 860-558-8847 or sbm45@aol.com. The Colchester Civic Orchestra and Choir are organized under the Colchester Parks and Recreation Department.

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Bus Trips

All seats reserved are on a first come first served basis. No refunds for trips will be given unless the registrant can find their own replacement or we have a waiting list. Refunds will only be given if the Parks and Recreation Department cancels the trip. An adult must accompany anyone under the age of 18. Register early the busses fill quickly! This is the way to travel; it's convenient and very economical!



and suggestions for each neighborhood. Cost of food is not included. Bus departs Marlborough Town hall at 7:30 a.m. Cost is \$51 per person.

Meadowlands Flea Market Saturday, October 6th 2007

Shopping at the Meadowlands Flea Market is an extraordinary experience like no other! From hard to find essentials to the must

have, attic treasures, crafts, collectibles, wonderful

fresh produce and garden flowers. Explore the market located at Giants Stadium in the Meadowlands Sports Complex with more than 600 vendors, presenting an always changing mix of product. Admission is free, Flea Market hour 9:00 a.m. to 5:00 p.m. Luxury motor coach bus leaves Colchester Town Hall at 7:00 a.m. departs from Flea Market at 5:00 p.m. for more information you may visit the website at www.meadowlandsfleamarket.com. Cost is \$41 per person.

Chinatown, NY Saturday, October 13th 2007

Spend the morning and lunch exploring Chinatown and Little Italy. Enjoy the many tastes, cultures and specialty shops that this famous area has to offer. By mid afternoon we will get back on to our luxury motor coach to spend the rest of the day at the South Street Seaport for shopping while enjoying the atmosphere provided by the talented street performers. Bus Departs Hebron Town Hall at 8:00 a.m. Cost is \$35 per person.

Kittery Outlets Saturday, November 10th 2007

Holiday Shopping in Kittery, ME with over one mile of famous brand outlet stores filled with great savings every time you shop! If you are looking for the latest in designer fashions, brand name shoes, fine china, house wares or that unique gift- this is the trip for you! For the outdoor enthusiast, the famous Kittery Trading Post offers a wonderland of camping and outdoor sporting gear. The outlet includes Coldwater Creek, Banana Republic, Crate & Barrel, Ross Simons and more. Check their website at thekitteryoutlets.com for a complete listing. Also included is a VIP savings booklet, map etc. for each shopper. Luxury motor coach bus leaves Colchester Town Hall at 7:00 a.m. and leaves Kittery at 5:00 p.m. Cost is \$44 per person.



Tall Ships & Parade of Sails, RI Saturday, June 30th 2007

Join us for this exciting maritime adventure! Tall Ships of Rhode Island (TSRI) 2007 is an international celebration of world-class Tall Ships and youth training programs, culminating in the most extensive maritime festival ever, spreading across the entire Newport Harbor. This festival is highlighted by the presence of the Tall Ships Fleet and capped by their grand Parade of Sail into the sea. We will depart the Hebron Town Hall at 8:00 a.m. and depart Newport Harbor at 6:00 p.m. Cost is \$70 per person which includes luxury motor coach to and from Rhode Island, a 90 minute train ride on Newport Train and a 60 minute Harbor Cruise around the Tall Ships. Please visit www.tallshipsrhodeisland.com for more information.

WaterFire Providence Saturday, August 11th 2007

WaterFire centers on a series of 100 bonfires that blaze just above the surface of the three rivers that pass through the middle of downtown Providence. The string of fires illuminates nearly two-thirds of a mile of urban public spaces and parks, and residents and visitors gather to stroll along the river. WaterFire is an experience that surrounds viewers on all sides and impacts all five senses. The crackling flames, the fragrant scent of blazing cedar and pine, the flickering firelight on the arched bridges, the silhouettes of the firetenders floating by in their torch-lit vessels, and the extraordinary music from all around the world engage all of the senses and evoke unique emotions from the many who come to stroll along the river walks. The fires are tended from sunset (8/12, 7:51 p.m.) to past midnight by black-clad performers in boats who pass quietly before the flames. There are no admission charges to WaterFire. Luxury Motor Coach departs Colchester Town Hall at 3:00 p.m. and leaves Providence at 10:00 p.m. If you would like to take a beautiful gondola ride please contact La Gondola at www.gondolari.com to make your reservation. Cost is \$28 per person.

Taste of Manhattan Tour Saturday, September 29th 2007

Here's a chance to visit 4 Manhattan food "hot spots" all in one day! Your motorcoach will stop in each neighborhood to give you time to shop and sample their delicious food. Chinatown: Interesting markets with Asian products & specialties. Bring home wonderful authentic ingredients for homemade dishes. Lower East Side: Katz's Deli: The most famous sandwiches! Pastrami, corned beef, pickles, knishes, bialys, blintzes, cheesecakes and so much more! Little Italy: Ferrara's Bakery & Cafe-Cannoli, stogiatelle, gelati, lattes, espressos, biscotti and other fine imports. Upper West Side: Zabar's Gourmet market, cheeses, breads, meats, specialty cuisine, cooking gadgets and international foods & drinks. A tour guide will be along for the ride and will share tips

Newport Mansions Saturday, November 17th 2007

Start your holiday season off with a visit to Newport. Take in the mansion's lavish settings and elegant decorations; this trip will inspire us all and capture the warmth of Christmas spirit! Cost includes deluxe motor coach transportation from the Hebron Town Hall, evening illumination at the Breakers, admission to the Marble House and a 10 mile Ocean Drive Tour with local guide. Bus departs Hebron Town hall at 8:00 a.m. Cost is \$66 for adult and \$61 per child (12 and under).

Macy's Balloon Inflation-Thanksgiving Wednesday, November 21st 2007

A great way to begin the holiday season festivities! Join us for the Thanksgiving Day Balloon Inflation the night before the big Macy's Thanksgiving Day Parade in NY City! Luxury Motor Coach departs Marlborough Town Hall at 12:00 p.m. and will depart NY approximately 8:00 p.m. Inflation begins about 4:30 p.m. in the Central Park area. There will be time prior to the inflation for lunch/dinner. Cost is \$37 per person.

NOW PLAYING

Friday Night Outdoor Movie Nights on the Town Green

July 13th, 20th, August 3rd, 17th, 24th

Colchester Parks and Recreation is excited to announce Summer Friday Night Movies on the Town Green are back! The five Friday night movie dates include July 13th, 20th, August 3rd, 17th, & 24th. The movies will start at approximately 9:00pm on the Colchester Town Green and will be showing one of your favorite movies on our giant outdoor movie screen! Bring your blankets and your lawn chairs. **There is no fee for this event!** Please remember alcohol is not permitted on the Town Green. List of movies will be forth coming.

Visit our website www.colchesterct.net and vote
on the five movies you want to see!



**American
Red Cross**



BLOOD DRIVE “Teens Saving Lives”

Sponsored by
Colchester Parks & Recreation's Day Camp
2007 Counselors in Training & Staff at
Jack Jackter Intermediate School
315 Halls Hill Road, Colchester
Thursday July 26, 2007
1:00 to 5:45 pm

Appointments Call:
1-800-GIVE-LIFE (448-5433)



www.bloodct.org

Positive ID required at time of donation.





Special Events

Registration Deadline Is One Week Prior To Start Date

2nd Annual Skate Jam Event

Recplex Skate Park

Saturday, June 16th 5:00 p.m. - 9:00 p.m.

If necessary Rain Date Sunday, June 17th 4:00 p.m. - 8:00 p.m.

FREE!

The Brain Bucket Brigade "2nd Annual Skate Jam Event," sponsored by Montana's Board Sports and More is free and open to kids ages 9-14 years old. The event will consist of a skateboarding clinic and demonstration by skilled skateboarders, followed by competitions/contests in the categories: Most Creative Trick, Best Ollie, Big Air and Rail Jam. Interested and eligible participants should register with the Parks & Recreation office. Contestants can register for one or all of the contests. Each participant will have one minute per contest category. Participants will have a chance to win prizes through raffles and one of the prizes will be a skateboard! This event is free! Registrations will also be accepted the day of the event from 5:00 p.m. - 6:00 p.m. (Rain date 4:00 p.m. - 5:00 p.m.) Each contestant should indicate which categories they will be participating in at the time of registration. In order to participate in the Skate Jam Event registrants MUST wear a helmet and protective elbow and knee pads.



maintenance, trail safety, trail history, and more – look for complete details on our web site. Participants who visit at least 3 of the stations will earn a souvenir t-shirt!

Skyhoundz Dog & Disc Competition

Saturday, July 28th

10am (9:30 registration)

Recplex R6

FREE!

Bring your dog and try your hand at this fun competition, where dogs attempt to catch as many frisbees as possible within a minute, while earning points for distance and accuracy. Or simply come out to watch, as many veteran teams of dogs and their partners put on an incredible show of skill and talent.



National Trails Day "Tour de Trail"

Saturday, June 2nd, 9am-12noon

Air Line Trail

FREE!

Walk, bike, hike or jog the trail, and stop at some of the many "stations" along the trail, from East Hampton through Colchester and Hebron, to celebrate National Trails Day. Stations will include nature interpretation, bike

Hyperflite Youth Frisbee Contest

Saturday, July 28th

10am (9:30 registration)

Recplex R7

FREE!

Children of all ages are invited to take part in the 3 different frisbee events testing their throwing skills, with awards in various age divisions.

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J66417

(B3) 2nd Annual Brain Bucket Brigade Program

The Colchester Parks & Recreation Department, along with Montana's Board Sports & More will be running the Annual Brain Bucket Brigade Program through October. The B3 program sponsored by Montana's Board Sports and More encourages children to wear their helmets for safety while skateboarding at the Recreation Complex, Skate Park. Those skaters seen wearing their helmets by a Parks & Recreation staff member will be entered into a weekly contest. Participant's names and contact information will be recorded and added to the weekly contest list. Every Friday at approximately 3:15pm, a drawing will be held at the Recreation Complex Skate Park, and one of the entrees will be selected to receive a \$25 gift card from Montana's Board Sports and More. In addition their picture will be taken and added to the B3 Hall of Fame on the Parks & Recreation website.



Spring Plant Swap

How does your garden grow? Bring a healthy sampling of four or more of you favorite plant(s) potted up and go home with the same amount from the gardening friends you will meet at the swap. Swap starts promptly at 10:00 a.m. Come early and be ready!!

Sunday, June 10th, 2007, 10:00 a.m. to 10:30 a.m.
Cohen Woodlands (Rain location: RecPlex Pavilion)

Plant Swap Instructions: Please pot your plants at least 4 days before the Plant Swap and clearly label each plant with name of plant, sun requirements, height, bloom time and any other helpful comments; ie spreads quickly, cut back for multiple blossoms, deer resistant etc. If you have a lot of something that needs to be dug up; i.e. Hosta, Spirea, please let us know when you register so we can announce the opportunity to "come and dig them up" at the swap. For additional information please contact Colchester Parks & Recreation at (860) 537-7297.



Have your New Year's Resolutions gone by the wayside?

Strengthen Your Resolve with a workout regimen you will actually love!

Colchester Jazzercise now offers 14 classes a week, including early mornings and early evenings.

Call Grace at 537-2647

Colchester
jazzercise®
860.537.2647

Summer Saturday Tennis

An introduction to the sport of tennis. Students will be taught important skills including forehand, backhand, serve, and net play as well as the basic rules of the game through FUN games and drills. Level of difficulty varies accordingly to age group and ability. This class is for grades 1 & 2 only.



Tennis Grades 1 & 2

Saturdays,
July 7th - July 28th
9:00 a.m. - 10:00 a.m.
RecPlex Tennis Courts
Activity # 4000.608 Fee: \$30

Tennis Grades 3 - 5

Saturdays, July 7th - July 28th
10:15 a.m. - 11:15 a.m.
RecPlex Tennis Courts
Activity # 4000.609 Fee: \$30

Friday Night Teen Tennis Grades 6 - 8

Fridays, July 6th - July 27th
4:00 p.m. - 5:30 p.m.
RecPlex Tennis Courts
Activity # 4000.610 Fee: \$40

High School Tennis Grades 9-12

Want to make the tennis team next year? Get a higher spot on the ladder? This class is for students who want to work on their tennis skills and learn to play at a high school level. All levels of experience welcome! For grades 9 - 12 only.

Fridays, July 6th - July 27th
5:45 p.m. - 7:15 p.m.
RecPlex Tennis Courts
Activity # 4000.611 Fee: \$40



Looking For Something To Do This Summer?

SIGN UP NOW FOR LESSONS

Lessons Available In:

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www.tracystunes.com





Registration Deadline Is One Week Prior To Start Date

Basketball Clinic-Boys

This is a great opportunity for boys entering grades 6 – 9 to learn the fundamentals and improve their skills. Clinic will consist of drills, scrimmages and competition. The clinic will be directed by former UCONN Huskies player John Shea who has coached at the junior high, high school, and college level. Assisting John is Dave Shea the clinic administrator.

Mon. – Fri. July 30th – Aug 3rd

9:00 a.m. – 11:30 a.m.

WJMS Gym A

Activity # 5000.232 Fee: \$50

Basketball Clinic-Girls

This is a great opportunity for girls entering grades 6 – 9 to learn the fundamentals and improve their skills. Clinic will consist of drills, scrimmages and competition. The clinic will be directed by former UCONN player John Shea who has coached at the junior high, high school, and college level. The clinic administrator is Dave Shea.

Mon. – Fri. July 30th – Aug 3rd

12:30 p.m. – 3:00 p.m.

WJMS Gym A

Activity # 5000.232 Fee: \$50

Football Clinic Youth

The football staff at Bacon Academy will be conducting a youth clinic for athletes entering Kindergarten through eighth grade. Athletes will learn the fundamentals of the game the same way the Bacon Academy athletes are taught. The basics of the Bacon Academy defense and offense will be highlighted. There will also be a focus on general athletic development. This is a non-contact clinic. All athletes will receive a youth clinic t-shirt and attend a picnic on the final day. Any questions call Coach Maranda at (860) 537-0304. For more information you can also visit their website at www.baconacademybobcats.com

Mon. - Thurs. July 16th – July 19th

4:00 p.m. – 6:00 p.m.

Bacon Academy Football Field

Activity# 5000.272 Fee: \$5

Skyhawks Flag Football

Ages: 8 yrs to 14 yrs old

The Skyhawk's football program is a great way to introduce young athletes to this popular sport rich in tradition. Players learn catching, passing, and blocking as well as the rules of the game and the strategies of offense and defense.

Mon. – Fri. Aug. 13th – Aug. 17th

9:00 a.m. – 12:00 p.m.

RecPlex Football Field

Activity # 5000.241 Fee: \$115

Skyhawks Mini-Hawk

Ages: 4 yrs to 7 yrs old

This is an introductory Program for young children, Mini-Hawk helps children explore soccer, baseball and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. The Mini Hawk coaching staff is trained to meet the special needs of young children. The staff is committed to helping children start off on the right foot, as they take their first steps into athletics.

Mon. – Fri. : 9:00 a.m. – 12:00 p.m.

CES Gym

July 16th – July 20th

Activity # 5000.237 Fee: \$115

July 30th – Aug 3rd

Activity # 5000.236 Fee: \$115

Skyhawks Multisport

Ages: 8 yrs to 14 yrs old

This program is designed for the all-around player interested in all four sports such as Soccer, Baseball, Frisbee and Basketball. These programs are designed to teach the fundamentals of several sports in an enriching and enjoyable atmosphere through fun skill-building games and activities. This program is for kids ages 8 - 14 years old.

Mon. – Fri. July 9th – July 13th

9:00 a.m. – 3:00 p.m.

WJMS Gym A

Activity # 5000.238 Fee: \$150

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- ✓ Pasta Marinara
- ✓ Chicken Wrap
- ✓ Mini-Calzone

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156413

Skyhawks Skateboarding

Ages: 7 yrs to 14 yrs old

This program is perfect for the beginner skateboarder who would like to learn more about this growing sport. This popular sport will be introduced through fun skill-building games and activities. This program also teaches balance and pushing (both on ground and on ramps), tricks, riding on flat rails, sliding on rails, and dropping onto ramps. On Friday there will be a showcase for all parents. This will be a rewarding and an educational experience that will promote future interest in skateboarding. This program will be directed and taught by qualified skateboarders.

Mon. – Fri. July 16th – July 20th

9:00 a.m. – 12:00 p.m.

RecPlex Skate Park

Activity # 5000.239 Fee: \$115

Youth Climbing Introductory Program

Ages: 10 yrs to 15 yrs old

Looking for a healthy and challenging activity? Then register for our NEW Youth Climbing Program! This program runs once a week for five weeks, for two hour sessions. The program is open to boys and girls ages 10-15 years old. Gary Mead, a trained instructor, will teach participants the fundamentals of climbing which include rules, safety, proper use of equipment and much more! In addition, the instructor will also be incorporating fun team building activities as part of the climbing program. At the conclusion of the program participants will be given the opportunity to test their skills should they desire to advance to the next level of the Supervised Climbing Program.

Registration deadline June 12th.

No program June 3rd & 10th

Tuesdays, June 19th – July 31st

5:30 p.m. – 7:30 p.m.

Bacon Academy Climbing Wall

Activity # 5000.121 Fee: \$58

Family

Family Camp Out

Ages: All ages

Grab a tent and some sleeping bags, and well do the rest! Bring the family out for these easy overnights, with family activities, cookout, night hike and marshmallow roast.

Session I: Friday, June 22

Session II: Saturday, August 18

Ruby Elizabeth Cohen Woodlands on McDonald Road.

Registration deadline is one week prior to campouts.

Cohen Woodlands

6:00 p.m. - 9:00 p.m.

Fee: \$8.00/person

Pre-School

Happy Notes

Ages: 3 months to 5 yrs old

A Colchester favorite! An interactive music program designed to give children the opportunity to explore their own imagination through music and shine with their own musical ability. Please register all children who will be in the room who are between the ages of three months to 5 years.

Fridays, July 13th – Aug 3rd

10:30 a.m.-11:15 a.m.

Cragin Memorial Library, Norton Room A

Activity # 5000.265 Fee: \$40

Join The REC'ing Crew!

The REC'ing Crew is a summer recreation program offered to kids entering grades 7-9 that offers a huge variety of field trips to exciting, fun, challenging, and interesting places in Connecticut and Massachusetts. The REC'ing Crew meets Tuesdays, Wednesdays & Thursdays in the month of July. Check out the cool trips we will be going on! REC'ing Crew trips depart Colchester RecPlex at 9:00 a.m. and return at 4:00 p.m. Extended day options are also available. Register early-minimums must be met 2 weeks prior to start date! For your convenience Visa/Mastercard accepted & payment plans are available. You won't be bored this summer!

Week 1:

7/3 COLCHESTER RecPlex: Get to know new people and connect with old friends through adventure games and activities in the morning. Challenge yourself and your team in an AMAZING RACE style competition in the afternoon.

7/4: July 4th NO CAMP

7/5 WINDING TRAILS: Take an outdoor adventure with camp and challenge yourselves initiative games, exciting new low ropes course elements, and crazy high ropes elements, like the Giant Swing, Vertical Play Pen, Pamper Pole, and a few more. What a GREAT place!!

Week 1 Fee: \$85/Crew member

Week 2:

7/10 KAYAKING: Traverse the Farmington River by kayak, try the rope swing on the private island, and enjoy nature in a new way. All abilities welcome!

7/11 PROJECT OCEANOLOGY: Get hands on experience as an oceanographer by sample marine life, testing water chemistry, and doing other experiments on the cruise out of Groton, CT.

AND...TRAMPOLINE PLACE: Experience fun, educational fitness during this exciting new trip. Learn the basics of trampolining on state of the art trampoline equipment and spotting apparatuses. So much FUN!

7/12 OCEAN BEACH: Check out the beach, huge swimming pool, mini golf, waterslides, and arcade for a day of fun in the sun.

Week 2 Fee: \$186/Crew member

Week 3:

7/17 TAEKWANDO: Learn the ancient art of Taekwando at a local prestigious school in Hebron. A fun way to get in shape and learn self-discipline. Try it! **AND...COOKING LESSONS:** BAM! Test your skills in the professional kitchen at RHAM High School. Carolyn Anderson will teach you how to make something fun and tasty. Then, you get to eat it! Yummy!!

7/18 LASERQUEST: Through a quest for knowledge learn the history of mazes, and use those strategies to defeat your opponents in 2 games of Laser Tag! **AND...SWIMMING:** Cool off at Newton's Church Hill Pool during the teen swimming sessions. Set up a diving competition, synchronized swimming routine, or relay races.

7/19 LAKE COMPOUNCE: Lots of fun rides, roller coasters, water slides, and wet rides.

Week 3 Fee \$190/Crew member

Week 4:

7/24 KAYAKING: Test your paddling skills in ocean at Rocky Neck State Park with Long River Kayak Adventure professionals. All abilities welcome! This is a favorite!

7/25 WHIRLY BALL: A newly invented game that combines bumper cars, Jai-Lai, and basketball for a challenging barrel of laughs. **AND...HORSEBACK TRAILRIDE:** Meet some four legged friends and explore the trails of Crowley's Stable on a guided horseback tour. No experience needed!

7/26 SIX FLAGS: Choose between the thrills of the Superman Ride, old school roller coasters, or the wet and wild water park.

Week 4 Fee: \$250/Crew member

Please contact Colchester Parks & Recreation to register for a summer you will never forget.

www.colchesterct.net

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\$10.00 off A Bowling Birthday Party!

(Please Call for details,
minimum of 8 persons
each party)

NBEC Exp. 9/7/07



1/2 PRICE for one hour of BILLIARDS

That's only \$5 an hour!
after 1 hour of regular
hour of play.

NBEC

Exp. 9/7/07

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NBEC Exp. 9/7/07



FUN for the WHOLE FAMILY



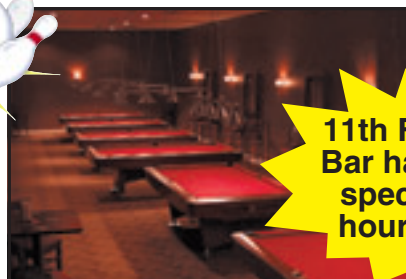
Beat the heat of
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Days come on into
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**Temperature reaches
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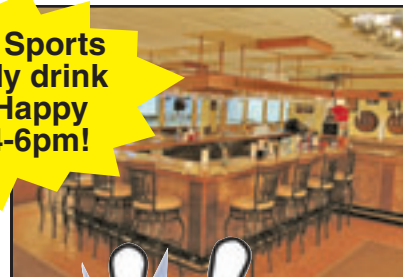


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J68204



Registration Deadline Is One Week Prior To Start Date

All adult programs are for men and women 18 years and older unless otherwise specified. We welcome 16 year olds in some programs with parent permission. These classes emphasize fitness for all ability levels through exercise. To enroll you must be in good physical condition. If there is any uncertainty about your ability to undertake an exercise program, we suggest that a physician be consulted for an evaluation.

Men's Summer Pick-Up Basketball

18 years and older

Wednesdays, June 13th – August 29th

6:00 p.m. – dark

RecPlex Basketball Courts

The basketball courts will be reserved for this program.

FREE

Basic Dog Obedience

Ages: 18 and older

This 7 week class is designed to create a deeper dog-owner bond, address some behavior issues and help owners understand how their canines communicate. Six basic obedience commands will be covered: come, heel, sit, down, stay & stand as well as temperment type. This class is appropriate for dogs six months and older. The first class is for OWNERS ONLY and will enlighten you as to what to expect from this class. Enrollment will be finalized with a brief phone consultation with the trainer before the first class. Please bring a chair to the first class and wear comfortable clothes and footwear.

Tuesdays, June 12th – July 27th

6:00 – 7:00 p.m.

Town Hall Side Lawn

Activity # 4000.396 Fee: \$100

Introduction Adult Ballroom Dancing

Ages 16yrs & older

So you think you can dance! Adults register for the introduction to ballroom dancing program. During this five-week class the instructor will focus on teaching two different types of ballroom dancing. Participants will learn the steps and movements to dance the Salsa and Tango. The last class will be a ballroom party with refreshments. No partners are required and no experience needed. Participants may wear comfortable clothing, ballroom shoes, character shoes, or any shoe they may go out dancing in provided that the bottoms are clean and not worn directly off the street.

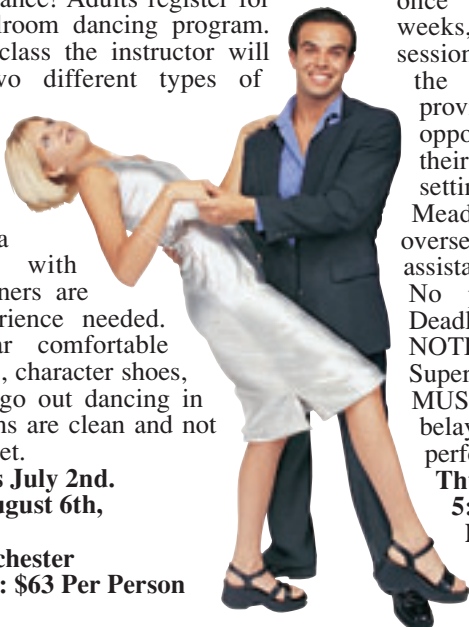
Registration deadline is July 2nd.

Mondays, July 9th – August 6th,

6:30pm-7:30pm

Dance Academy of Colchester

Activity #5000.106 Fee: \$63 Per Person



Adult Climbing Introductory Program

Ages: 16 yrs old & older

Looking for a healthy and challenging activity? Then register for our NEW Adult Climbing Program! This program runs once a week for five weeks, two hours per session. The program is open to adults ages 16 and older. Gary Mead a trained instructor, will teach participants the fundamentals of climbing which include rules, safety, proper use of equipment and much more! In addition, the instructor will also be incorporating fun team building activities as part of the climbing program. At the conclusion of the program, participants will be given the opportunity to test their skills should they desire to advance to the next level of the Supervised Climbing Program.

**No program July 4th and 11th,
Deadline to register June 13th
Wednesdays, June 20th - August**

1st, 5:30 p.m. - 7:30 p.m.

Bacon Academy Climbing Wall

Activity #2000.128 Fee: \$58

Supervised Climbing Program

Ages: 10 yrs to adults

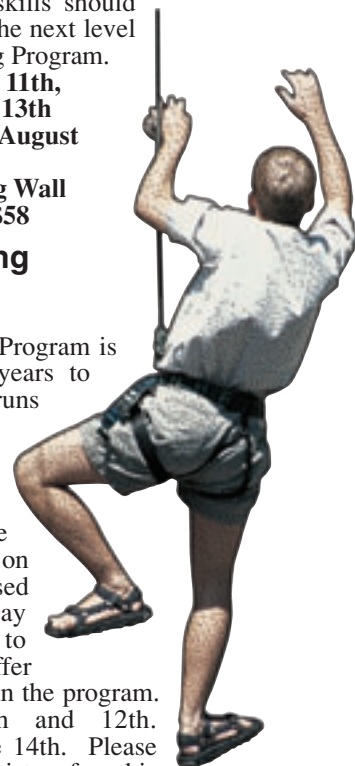
The Supervised Climbing Program is open to participants 10 years to adults. This program runs once a week for five weeks, two hours per session. The purpose of the program is to provide participants the opportunity to climb on their own in a supervised setting. Instructor Gay Mead will be on site to oversee/supervise and offer assistance to participants in the program. No program July 5th and 12th. Deadline to register June 14th. Please NOTE: In order to register for this Supervised Climbing program interested, participants MUST have had prior experience in both climbing and belaying. The instructor will require the participants to perform a skills test at the first meeting of this session.

Thursdays, June 21st – August 2nd

5:30 p.m. – 7:30 p.m.

Bacon Academy Climbing Wall

Activity # 5000.129 Fee: \$58



Continued next page...

Adult Events Continued...

CPR Infant/Child/Adult NEW CERTIFICATION

This course is designed for childcare providers, teachers, parents, lifeguards, and others who care for children and adults. This course teaches how to recognize and care for breathing and cardiac emergencies and how to use the EMS system effectively. Participants take home a refresher skills card as well as information about preventing injuries. Learn the skills of providing lifesaving CPR from a certified instructor. This course is appropriate for beginners. Participants will be certified by the American Red Cross upon completion and passing of a written examination and skill stations.

Wednesday, June 20th

6:00 p.m. - 9:00 p.m.

Cragin Memorial Library Norton Room A

Activity # 2000.212 Fee: \$30

Adult/Infant/Child/ CPR & First Aid RE-CERTIFICATION

This is a Re- Certification class ONLY. You must have an unexpired certification to attend. First Aid re-cert will be held at the end of the class. If you do not need to be re-certified in First Aid, you may leave early.

Wednesday, June 27th

6:00 p.m. - 8:00 p.m.

Town Hall Meeting Room 1

Activity 2000.210 Fee: \$30

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J66404

Men's Pick-Up Outdoor Soccer

Ages 18 years & older

Looking for a few hours of "me time" away from your busy schedule and the family needs! Join the NEW Men's Outdoor Pick-Up Soccer! This program is open to men, who want to stay in shape, get exercise, enjoy playing soccer, and just want to hang out with their friends in a noncompetitive atmosphere. To participate in this soccer program, just bring your sneakers and be ready to have fun. Adults of all abilities are welcome to participate from the beginner to the more experienced. We need a minimum of 10 registered participants to run this program.

Thursdays, June 28th - August 30th

6:00 - 7:00 p.m.

JJIS Soccer Field

Activity # 5000.102 Fee: \$20

Tennis Ladder Program

Ages: 16 years & older

This league will utilize an online tennis ladder system, which will maintain matches schedules, results, standings and ratings. The tennis program will run from spring to summer and be played at the Colchester RecPlex Tennis courts. The playing times are once a week on Tuesdays, Wednesdays or Thursdays. Actual dates and times will be distributed on a weekly basis as signups are completed.

June 12th - Oct 11th

5:00 - 10:30 p.m.

Activity # 5000.105 Fee: \$25

Women's Pick-Up Soccer

Ages 18 years & older

Looking for a few hours of "me time" away from your busy schedule and the family needs! Join the NEW Women's Outdoor Pick-Up Soccer! This program is open to women, who want to stay in shape, get exercise, enjoy playing soccer, and just want to hang out with their friends in a noncompetitive atmosphere. To participate in this soccer program, just bring your sneakers and be ready to have fun. Adults of all abilities are welcome to participate from the beginner to the more experienced. We need a minimum of 10 registered participants to run this program.

Thursdays, June 28th - August 30th

7:00 p.m. - 8:00 p.m.

JJIS Soccer Field

Activity # 5000.103 Fee: \$20

Yoga- Moderate

Ages: 14 yrs old & older (under 16 welcome with adult)

This class is great for all levels of yoga practice! Learn deep breathing along with yoga postures to improve your strength, flexibility and relaxation. Beginners are welcome as modifications will be given and alignment of posture will be emphasized. Take some time from your busy week to release tension and stress! Take advantage of the warm summer weather to stretch and strengthen! Please bring a yoga mat, water, and wear loose comfortable clothes.

Thursdays, July 5th - July 26th

6:00 p.m. - 7:15 p.m.

JJIS Multi Purpose Room

Activity # 2000.342 Fee: \$32



COLCHESTER FAMILY CHIROPRACTIC OFFICE



Dr. Patricia A. Leheny
Instructor of the
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What is the Activator Methods Technique?

This is a gentle, low-force program of chiropractic care. It has been safely used for over 35 years to benefit people with a whole range of health problems — without drugs or surgery!

Free 15 minute consultation to determine if the technique Dr. Patricia Leheny uses is right for you.

EDUCATION

Life University, Marietta GA

Doctor of Chiropractic 1983-1986

Rivier College NH

A.S. of Science, Medical Laboratory Technician 1979-1982

LICENSURE

Chiropractic State of Connecticut-National Medical Lab Technician, CPR-BIS-C

MEMBERSHIPS & ASSOCIATIONS

American Chiropractic Association

Connecticut Chiropractic Association

Activator Methods-Advanced Proficiency Associate Clinical Instructor

OFFICE HOURS

Mon. - Fri. 9:15am-6:00pm, Thurs. Closed, Sat. 9am -12:00 by appointment only

DIRECTIONS

Take Route 2 to Exit 18 coming East, Exit 21 going West



SERVICES OFFERED

Other Services Available: licensed massage therapist, evaluation, casting and orthotics, hair analysis testing, nutritional counseling, contact reflex analysis (CRA). Dr. Leheny also evaluates and treats infants and children with Activator Technique and nutrition.

Visit www.activator.com for more information.

Colchester Family Chiropractic Office

79 A Norwich Avenue

Colchester, CT 06415

Office: 860-537-0086 • Fax: 860-537-6339 • Email: colc.family.chiro@snet.net



Park's Remarks

Town Recreational Facilities Maps and complete information are available on the Parks and Recreation section of the Town web site:
www.colchesterct.net.

Day Pond State Park

Located off Westchester Road, the park offers well-marked scenic hiking trails leading to old foundations, extinct bridges, and the Salmon River. Remains of an old mill are at the west end of the pond. A sandy beach offers swimming. Picnic areas are spread throughout the park.

Salmon River State Park

Located off Route 16, the park boasts the beautiful Comstock Covered Bridge, plenty of picnic areas along the Salmon River, hiking trails and fishing.

Chanticlair Golf Course

Located on Old Hebron Road, it is a privately-operated nine-hole public golf course with an adjacent driving range.

Town of Colchester Recreation Complex

Located on Old Hebron Road, this park offers softball and baseball fields, tennis courts, basketball courts, soccer fields, horseshoes, walking trails,

playscapes, picnic pavilion, skate park, spray park, wireless internet and more.

Schuster Park

Located off Mill Hill Road, it is operated by the Colchester Fire Department and offers picnic shelters.

Lions Club Skating Pond

Located on Halls Hill Road, it is open to the public and offers a concession stand and picnic areas.

at the Commuter Lot by Exit 16 off of Route 2, on Bull Hill Road, and at the Salmon River State Forest off of River Road.



Colchester Spur

Extending south from the Air Line Trail in Hebron is a town-owned trail that terminates by the old train depot on Lebanon Avenue in Colchester.

Ruby and Elizabeth Cohen Woodlands

121 acres of open space located on McDonald Road. The land includes a pond, marshland, trails, picnic areas and a gazebo.

Air Line Trail State Park

Approximately seven miles of the old Airline Rail Trail runs through Colchester and is an excellent area for hiking and biking, as well as cross country skiing and snowshoeing in the winter months. Parking is available

School Grounds

At the many schools in town are playgrounds and sports fields that are open to public use during non-school hours.

Town Green

Host to many town-wide events, such as carnivals and art shows, it is also home to a large gazebo and a softball field.



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Facility Reservation Process

Group use of Colchester park facilities, school ballfields and gyms, and the Town Green must be coordinated through the Parks and Recreation Office. Permit applications are available upon request and on the Town web site. Insurance certificates and rental fees may be required.

PARK RANGERS

Beginning in April, and continuing into the fall, our friendly and dependable Park Rangers will be on duty during evenings and weekends at the RecPlex. While they are there for a number of duties, including advising on proper use of the facilities, we encourage park goers to use them as a customer service resource for information, forms, lost and found, first aid, and more. While Park Rangers are perpetually patrolling the extensive park, they can be reached by cell phone when on duty – see the shed by the pavilion for a posted on-duty status and cell number.

SMOKING AND ALCOHOL PROHIBITED IN PARK

Please remember that smoking, alcohol and other narcotics are prohibited in the park, as well as on school premises. There are many reasons for these rules, not the least of which is that the Town and the Board of Education wish to have safe havens for our community's children, where they can learn healthy behaviors. When they see athletes and other adult role models drinking and smoking, that sends the wrong message to our kids.

PLEASE RESPECT YOUR PROPERTY

This is *your* park. It's just like your very own back yard. Please take a moment to teach your children respect for public property. Remind them to pick up after themselves, use trash containers, and to leave trees and flowers alone for all to enjoy.

PLEASE! DOGS MUST BE LEASHED!

Town ordinance requires dogs to be leashed on public property, including town parks. Also, please **clean up after your dog**. People (especially children) are playing everywhere! This is unhealthy and inconsiderate. Please don't give the majority of dog owners & dog lovers a bad reputation.

PLAYSCAPE SAFETY

Did you know that the older kids' playscape units are designed for bigger sized hands to grasp, bigger legs & stronger muscles? Children under 6 are not developmentally ready for these activities and could get hurt. They could also collide with a larger child. Please let common sense decide what's safe, not the kids. Adult supervision is best.

Lyman Viaduct Repair Update

Over the past few months, the Departments of Public Works of both Colchester and East Hampton, along with their contracted consultant, CME, have worked with the CT Department of Environmental Protection (DEP) to review the proposed plans to repair and stabilize the embankments at the Lyman Viaduct along the Air Line Trail.

In an effort to ensure that all possible solutions are examined, the CT DEP required further review of the towns' and consultant's research and recommendations. After concluding that the existing plan would be the most feasible and effective, the intentions are to delay the work until the late fall/early winter, in order to minimize impact on trail users.

As was previously explained, the erosion of the embankment is not only encroaching on the path that runs along the top of the viaduct, but it is dangerously close to exposing the sewage lines that run beneath the surface. If these sewage lines were compromised, they could spill enormous amounts of waste into the creek and forest below. Last year, the State bonded \$500,000 for an emergency repair to the embankment.

R3 Ballfield Closure

In keeping with its policy to close one field for a season each year, the Colchester Parks & Recreation Commission will be closing R3 from September 2007 through March 2008. While the infield and turf will receive a facelift during this period, the resting period alone will do wonders for the turf.

Winter/Spring Facility Work Update

For the benefit of the community, we will be providing a seasonal update of the many significant repairs and improvements, beyond routine and seasonal maintenance, that have taken place in our parks and school grounds. For more information about any of these items, please contact the Director of Parks & Recreation.

- Completed projects:
- Playground Inspections
- Installation & removal of temporary ice rink at Recplex
- Drainage repairs along Air Line and Colchester Spur trails*
- Installation of 2 new storage sheds at Recplex
- Significant trimming and brush clearing at schools
- Repair of sidewalk at Town Hall
- Repair of water system at Town Green
- Repaired horseshoe pits

Park's Remarks Continued...



Pavilion Rentals

Looking for a great place to hold a birthday party, family reunion or other gathering? How about our Pavilion at the Recreation Complex! It's simple and inexpensive to reserve:

- **Colchester Residents - \$25/4 hrs; \$50/8 hrs**
- **Non-Residents - \$50/4 hrs; \$100/8 hrs**

The reservation form and policies are available on our web site at: www.colchesterct.net/downloads.html#parkrec Pavilion amenities include up to 12 picnic tables, and 2 charcoal grills. Add'l \$5 for electrical usage (must be reserved in advance). Pavilion renters, like all park goers, may make use of any of the other facilities in the park, as available, including:

- Spraypark
- Skatepark
- Playscapes

Learn more about the Recreation Complex at: www.colchesterct.net/parks/recplex.html

Note: Reservations are not required for pavilion use - anyone may use it if it is open. However, a reservation, along with a permit from Parks & Recreation, will guarantee its availability. If a group shows up with a reservation permit, it must be vacated. A calendar of reservations is posted weekly at the Camp/Ranger Shed by the Pavilion.



heed the horn of the system should they hear it, we also ask that users do not disregard their own

senses. Should you see lightning, do not wait for the detection system to validate you - for your own safety, vacate the park immediately. **Do not let the system replace your personal responsibility for your own safety.** As always, the safety of our community is our top priority. We look forward to continuing to provide you an exceptional experience in all of our parks, facilities and programs!

When the system detects the probability of a lightning hazard in our immediate area, an alarm signal will be initiated to activate sirens on the property. After the hazard has subsided, a different signal is sounded to indicate that the area is now safe again.

The signals you may hear are as follows:

LIGHTNING ALARM SIGNAL:

- **15 seconds on**
- **Additionally, a strobe light will be on during the ENTIRE TIME that a hazard is present.**
- **With lightning imminent, everyone should return to a safe area.**

This does not include baseball dugouts, or picnic pavilions. Please return to your automobile, home or any building that has full plumbing and four walls.

ALL CLEAR SIGNAL:

- **4 seconds on, 2 seconds off, 4 seconds on, 2 seconds off, 4 seconds on**
- **Activities may resume**

PLEASE BE AWARE that the possibility exists that another storm might follow the first. Always remember, just because one storm has come and gone that does not mean that another one could not strike again. Most strikes occur outside the rain area-just because it stops raining does not mean it is safe to resume activities. You should wait thirty minutes after a storm passes.

TOP 5 SIGNS THAT FIELDS ARE UNSAFE TO PLAY

- 1. Fields have standing puddles of water**
- 2. Footing is unsure or slippery**
- 3. Ground is water logged & squishy**
- 4. Grass is easily pulled out of ground**
- 5. Lightning or Severe Weather Storms**

When games are played under these conditions, it can often cause irreversible damage to the field. It takes months, sometimes years, for the field to recover. It is also unsafe, causing pulled muscles due to slips & strains.



Lightning Warning System

As you may know, a few years ago the town installed a **T h o r g u a r d** lightning detection system at the **R e c r e a t i o n** Complex to aid park users in ensuring their families' safety. This system is a marvel of science, as it has the capability

of detecting imminent lightning long before we can see it. Obviously, this is a huge safety benefit.

As with all mechanical systems, however, there can and will be technical difficulties, at times rendering the system inoperable. So, while we certainly ask all park users to



Day Camp

The Colchester Day Camp Difference

What makes a summer camp experience special and worthwhile? Of course it should be fun filled and exciting! However, at Colchester Day Camp we believe that it should be much more. It should be an opportunity for each child to grow, explore, develop new skills, be nurtured and form friendships, all within a caring and safe environment. This is the world we are committed to providing at Colchester Day Camp. In doing this, it is our goal to join with parents in creating for their children a childhood that will be full of wonderful "memories that will last a lifetime". This is the COLCHESTER PARKS AND RECREATION DAY CAMP DIFFERENCE.

A Mature, Experienced Staff

Summer after summer they return to Colchester Day Camp. The most mature, nurturing, skilled, carefully chosen and best-trained staff we can find. Our staff is under the direction of Parks and Recreation Director Jason Cohen and Program Director, Anita Miazga. We are pleased to announce Shannon Tamosaitis (Miss T.) will be returning as our NEW Day Camp Director!



Camp Welcomes New Director Shannon Tamosaitis Hi everybody!!!

I am counting down to camp and feel very excited about all the new changes this year! Camp is my favorite time of year and I am thrilled to be sharing my creativity with the Colchester Parks and Recreation Summer Day Camp again this year! I have really enjoyed the school year so far teaching many students at JJIS and CES! So~ until the sun warms us again, take care, keep studying and dream about all the fun there is to come at Camp 2007!!!!

Our Administration team rounds out with four specialists in core areas: Sports & Games, Archery, Nature, Drama and Arts & Crafts. Our Day Camp supervisors and Head Counselors are college students and mature high school students with several years of experience. We also utilize younger high school students as Junior and Senior Counselors and have a strong 4-week Counselor-in-Training (C.I.T.) program.

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Day Camp



Staff Training

All staff is required by state law and OSHA mandates to receive training in Bloodborne Pathogens Exposure Control (HEPb/HIV). The Colchester Parks and Recreation Department also requires all staff to attend an extensive Camp orientation seminar prior to the start of camp. Counselors are active participants in training areas such as first aid, Epi – Pen, safety and security, emergency response, splash pad safety, record keeping, staff manuals, department policies and procedures, customer service, positive youth development, and character building. In addition, there are speakers brought in to train them in areas such as how to schedule activities, games and leadership, child development and behavior, and lots of hands on activities such as sports and games, arts and crafts

and songs. As you can see, we are very committed to maintaining and developing all our Day Camp staff. It's our BEST investment!

To find out the most current information on Parks & Recreation programs & special events please visit our website at:
<http://www.colchesterct.net/parkrec.html>

We also suggest that you subscribe to our email list for up to the minute notification on rainy day changes and other important information.

Registration Information

Day Camp is for kids entering grades 1 – 6 in Fall 2007. Register early for the best availability. The office is open Monday through Friday from 9:00 a.m. – 4:00 p.m. You may call us at 537-7297. All registrations for Day Camp, Kindercamp and the C.I.T. program must be made in person in the office. Please keep in mind all campers are required to have a current (within three years of the date of the exam) copy of their health record on file with Parks & Recreation. The following required forms are available in the Parks & Recreation office and on our website: Camp Registration Form, Medical Release & Pick Up Authorization, Special Authorization, Health Assessment.

Registration for Day Camp and Kindercamp requires a 50% non-refundable deposit. If prior to the start of camp a participant cancels their registration due to an illness or injury, they will receive a refund or credit for fees paid excluding the 50% non-refundable deposit. A doctor's note is required for all refunds. There is a one time \$10.00 administrative fee per child, which includes a 2007 Colchester Day Camp t-shirt.

Camp Fees – Prices based on 1 week sessions only:

Monday – Friday	\$125 includes trip fee
Week 1 only	\$100 (No camp 7/4)
Extended Care AM	\$25 per week (7:00am to 8:45am)
Week 1 only	\$20
Extended Care PM	\$25 per week (4:15pm to 6:00pm)
Week 1 only	\$20

ALL BALANCES MUST BE PAID IN FULL BEFORE JUNE 15TH. ANY REGISTRATIONS ACCEPTED AFTER JUNE 15TH MUST BE PAID IN FULL AT TIME OF REGISTRATION.

Scholarship Info:

There are a limited number of scholarships available to campers in financial need. Applications are confidential and can be obtained by contacting Jason Cohen in the Parks and Recreation office.

Camp Dates:

Week 1: July 2 – July 6 (NO Camp July 4th)
Week 2: July 9 – July 13
Week 3: July 16 – July 20
Week 4: July 23 – July 27
Week 5: July 30 – August 3
Week 6: August 6 – August 10
Week 7: August 13 – August 17
 (No extended Care on the last day of camp)

Non-Resident Policy

Non-residents are welcome to participate if space allows. Non-residents will be charged an additional \$15.00 fee, per-session, per-child. Non-resident registrations will be accepted two weeks after resident registration begins.

Location

Day Camp is held at the Colchester Recreation Complex located on Old Hebron Road. This facility offers a variety of amenities to support a general daily activity schedule which includes playscapes, picnic pavilion, tennis & basketball courts, various ball fields, rest rooms and don't forget the water splash pad and skate park!

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Day Camp

Dates & Daily Hours

Camp is held from 9:00 a.m. – 4:00 p.m. Monday through Friday. Camp is offered in 7 one-week sessions starting July 2nd and ending August 17th. There is no camp on Wednesday, July 4th. Please note there is no extended care available on the last day of camp, Friday, August 17th.

SIGN IN/SIGN OUT

You will notice when you arrive that you will be asked by your child's counselor to sign in and out each day. Please have your identification ready to ensure a quick and easy sign out. This is a great time to ask your child's counselor any questions you may have. Your feedback is always welcome!

Arrival & Dismissal

Campers are dropped off in their designated area at the RecPlex each morning at 9:00 a.m. Campers are grouped by grade, 1 - 6. Please look for a large sign with your child's grade on it to determine where you should sign them in. Your child's counselors will introduce themselves to you and your child, you sign them in and the world of camp begins!

If your child arrives earlier than 8:45 a.m. they will be signed in for morning Extended Care. Please pick up your children promptly at 4:00 p.m. where you signed them in. If your child has not yet been picked up by 4:15 p.m. they will automatically be enrolled in afternoon Extended Care.

Extended Care

We have improved our Extended Care program to include organized activities, as well as an opportunity to unwind and relax. Extended Care does include a healthy snack to help beat the late afternoon slump.

Extended Care is available for full day campers only. Morning Extended Care is available from 7:00 a.m. – 8:45 a.m. for a flat weekly fee of \$25.00. (week 1: \$20) Afternoon Extended Care is available from 4:15 p.m. – 6:00 p.m. for a flat weekly fee of \$25.00. (week 1: \$20) Please pre register for extended care.

THERE WILL BE NO AFTERNOON EXTENDED CARE ON THE LAST DAY OF CAMP, AUGUST 17th, 2007.

Colchester Day Camp is designed for kids who like a little bit of everything! When children feel loved, they remember.

*safe, remember
listened to, remember
special, remember
successful, remember
important, remember
memories that last a lifetime ... Colchester Day Camp*

What do we do at camp?

Day camp expands imagination & creativity.

Games and athletics provide a perfect vehicle for building physical fitness, self-confidence and self-esteem in all our campers in a non-competitive environment. Children are encouraged to reach individual goals and levels of success while having FUN! At the same time they learn to feel wonderful about their individual abilities and talents while developing the values of teamwork, friendship and good sportsmanship.

Each day at camp offers a variety of programs such as drama, nature, arts & crafts, music, and other team building activities.

Our special events are designed around a weekly theme complete with costumes and special guest performers that are a memorable part of every camper's summer. Its no wonder camp creates friendships that last a lifetime!

HUGE HIGHLIGHTS FOR 2007!

In our continuous efforts to create the best possible experience for our campers, we are happy to announce a number of exciting additions to our full-day camp!

Field Trips Are Back!

We are so excited to announce that we are welcoming back FIELD TRIPS with open arms this summer!!! All campers will attend these

enriching and fabulous weekly field trips! As we move closer to camp, more information will be available! Hip-Hip Hooray!!!

Swimming

We are still working with Camp Hemlocks on their availability to accommodate us this summer. Taking into account their many new expansion programs, we are hopeful to finalize an accommodating schedule for our camp as spring approaches!

Elective Periods

Each Monday, campers will choose a special activity they will take part in for one hour each day. The elective groups will change from week to week as camp staff share and teach the campers their special talents and interests!

Things to Look For

- Welcome Day! First day of Camp July 2, 2007 ~ 9:00am!
- Red Cross Parent's Blood Drive @ Camp! Week of July 23rd!
- Family Fun Day at Camp! July 19th and August 2nd!
- Don't forget to pick up your 'camp gift' at time of registration!

Session Themes:

Week 1 – PROUD PATRIOTS WEEK: We'll kick off the summer by creating teams and playing baseball ~ the All-American sport! Then feasting on juicy watermelon! We'll rally defending arc rival teams~ the Red Sox vs. Yankees, all in good fun! Show your pride wearing red, white and blue all week long! Campers will also have the opportunity to honor our American Troops in a special way.

Week 2 – BACK TO THE FUTURE: Travel through the past and explore the dinosaurs life, race through a 1960's sock hop, visit the 1970's with groovy tie-dyeing, and re-live the 1980's and 90's through "wacky big hair day" only to return back to 2007 to leave a time capsule!

Week 3 – OLYMPIANS SPORTS WEEK: Campers will experience camp Olympics through participating in fun familiar and unfamiliar events after



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Day Camp

creating their own countries to represent! Everyone will learn about and develop the value of good sportsmanship while refining their fundamental game skills!

Week 4 – ECO-CHALLENGE & ENVIRONMENTAL AWARENESS: Making a difference and contributing to our environment through awareness and recycling! Learn how we can protect our planet Earth-and take action! Camp and beach clean up days after exploring Dr. Seuss' "The Lorax" with special guest reader.

Week 5 – HOLIDAY HULLABALLO: Summer Holiday Extravaganza! Campers will be thrilled to participate in a second helping of Halloween Hype! Christmas & Hanukkah songs and celebrations! Wear red for our Valentine's Day exchange and create your best designs to win the egg-coloring contest - judged by the Easter Bunny himself! Happy Holidays in July!!!

Week 6 – SURVIVOR TRIBES & THE GREAT OUTDOORS: Campers Create tribal teams and work together to build shelters, climb and dart over obstacle courses, race through mazes and challenge competitions! Put on your thinking hats to solve riddles & immunity puzzles that will test your tribe's ultimate survivor skills!!!

Week 7 – LIVE IN YOUR WORLDÉPLAY IN OURS: celebrate the last week of camp with our traditional games- pie eating contests, ticket to ride, the great talent show and Cerdnaskrap awards! Master games from all over the world ~ Australian kickball, Spain's World Cup Soccer and train for the Hawaiian Ironman Competition!

Other Important Details...

RED ZONE DAYS

Red Zone or Extreme Heat Days are WET & WILD at camp! Many extra water activities are scheduled throughout the day. The WATER SPLASH



PAD will be open and running and sure to be a favorite for all campers! There will be endless amounts of creative fun. However, if the heat becomes a hazard, we will move campers to **Jack Jackter Intermediate School** located on Halls Hill Road. You may visit our website at <http://www.colchesterct.net> or call the Day Camp office at **537-6583** to confirm our location for pick up. We reserve the right to transport campers locally as needed (rainy days, special events, etc.). Visit our website and subscribe to our mass email list and we will notify you of any changes.

Discipline

Our Day Camp staff adheres to a fair but strict discipline policy. Campers whose behavior interferes with a positive camp experience for other campers may be subject to dismissal.

Notices and Flyers

If your child leaves camp before closing ceremonies or will be missing a day or two, please check with your child's counselor for information and reminders about upcoming special events or other activities your child will need to be prepared for upon his/her return to camp. All flyers, reminders etc. are distributed to campers at dismissal time.

Insurance Information

We are unable to assume responsibility for injuries/accidents occurring at programs or on park facilities. Such insurance would make programs and user fees cost prohibitive.

Photo Permission

Participants permit the taking of photographs and video of themselves and their children during recreation activities for publication and use by the Parks and Recreation Department for promotional purposes unless otherwise stated.

What to Bring

- **LABEL EVERYTHING!!** In addition to all clothing, please label lunch boxes, towels, water bottles, backpacks, sunscreen etc. If your child loses something, check the LOST & FOUND located outside the Day Camp Office. All unclaimed articles will be donated to charity each Monday.
- All campers should wear sneakers. **SANDALS ARE NOT ALLOWED!** Water shoes are required in the Water Splash Pad area. If a child does not have water shoes, he/she will not be allowed to enter the splash pad that day.
- Bathing suits, towels and lunch should be sent with each camper daily.
- Please apply waterproof sunscreen to your child prior to their arrival at camp. We recommend that you send sunscreen with them daily and teach your child how to re-apply sunscreen at camp to protect them from sunburn.
- Please do not allow your child to bring expensive/valuable items to camp such as Gameboys, CD players etc. We are not responsible for lost or stolen items.

Lunch

Please send your camper with lunch and a healthy snack each day. Do not send glass containers. There is NO refrigerator available, so please include an ice pack. We highly recommend sending your child with a water bottle, which may be refilled as needed throughout the day at the water fountain. Re-usable containers are encouraged to reduce waste at the water park. There will be occasions during special events when we will offer a special snack as it relates to a theme. Also we have a no tolerance policy for any knives or other dangerous objects. Please do not pack any butter knives for your child's lunches.

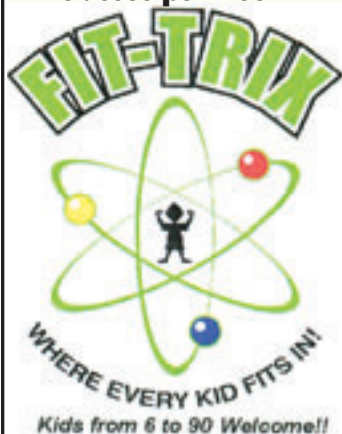
Campers also have the option of purchasing a special lunch meal deal from a local restaurant. Order forms are available in the Day Camp office.

Every Child Matters To Us!

- Entire Family Participation Encouraged
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- Cardio Stations (treadmill, bike, rowing)
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Kindercamp

Here is some information specific to Kindercamp. We strongly recommend you read this entire brochure.

Kindercamp (for children who will turn 3 years old before 12/31/06 through entering kindergarten) is our specially designed camp for pre school children. Under the guidance and care of our mature, gentle staff, our youngest campers are given a special experience.

Our program recognizes the social and motor skill level of pre-school children. It has been created to provide a warm, nurturing atmosphere where our youngest campers are encouraged to expand their horizons while feeling safe and cared for. What better way can there be to start their wonderful years of camping?

This terrific group of counselors join together to make each day at Kindercamp the best ever for our three, four and five year olds. With the wonderful world that has been created for them, it is no surprise that every day is magical for our youngest campers and that the Kindercamp experience establishes an enthusiasm and love of camping that will last well into adolescence while providing them with a lifetime of memories!

Kindercamp has an outstanding staff that works exclusively with our youngest campers. Kindercamp is held from 9:00 a.m. to 11:30 a.m. Monday through Friday with other options also available. (See below) Kindercamp is offered in 7-one week session starting July 2nd and ending August 17th. The staff to camper ratio for Kindercamp is 1:8. Extended care is not available for Kindercampers. Please be sure to send your Kindercamper with a snack each day. Please apply waterproof sunscreen to your child prior to their arrival at camp. We also ask that you please send your kindercamper to camp in their bathing suit.

Kindercamp Staff

Kindercamp Director, Deana Stella has worked with the Town of Colchester as an instructor for a variety of preschool recreation programs, and has been the director of Kindercamp for over 8 years. Deana has a bachelor's degree in Early Childhood Education from Central Connecticut State University and is a licensed Head Teacher. Deana now owns and operates her own pre-school, Wee School Preschool. Deana has many years of experience with children both professionally and personally. She is the mother of three growing girls who Love Camp!

In addition to being the assistant director for Kindercamp, Cari Duigou teaches preschool at RHAM High School in the Kinder-RHAM-a program. She received her associate's degree in Early Childhood Education/Special Education at Three Rivers College. She is currently working towards completing her Teachers Certificate from Central Connecticut State University. Cari has a very special talent for making learning fun!

Please wear a bathing suit to camp and apply waterproof sunscreen to your child prior to their arrival.

Camp Fees – Prices based on 1 week sessions

Plan A	Monday – Friday	\$60
Plan B	Mon/Wed/Friday	\$45
Week 1:	Mon & Fri NO CAMP 7/4	\$30
Plan C	Tues/Thurs	\$36

There is a one time \$5.00 administrative fee per child, which includes a 2007 Colchester Day Camp t-shirt!

Arrival and Dismissal

Kindercampers are dropped off in the designated area at the RecPlex each morning at 9:00 a.m., no earlier please. Kindercamp's drop off point is under "Tim's tree" the big tree located behind recreation field R5. They are picked up at 11:30 a.m. at either the playground or the spray park. There is no Extended Care for kindercampers. After 11:35, there is a \$5.00 late charge for every 5 minutes or part thereof that a parent is late picking up a child. We appreciate your promptness.

The Daily Scoop

Kindercampers start their day with their own opening ceremonies. Then the world of camp opens! Activities vary; each day includes arts & crafts, games, music, storytelling, playscape time, water activities, nature hikes, special events and more! The **WATER SPLASH PAD** is a favorite for all campers!

Some special guests include Kathy Flanagan's Happy Notes, CT Audubon Society and Funtastic Inflatables which add a special excitement to our Kindercamper's day!

Rainy Days at Kindercamp

If it is raining, we will hold Kindercamp, along with the Day Camp, at **Jack Jackter Elementary School**. Please use the gym ramp entrance. For consistency, we will try to make the decision as early as possible. Once your camper is signed in, if an issue arises, we will transport all campers to JJIS by bus. Kindercampers will travel as a group and will be accompanied by their counselors during the relocation process. If there is ever a question of where camp might be, please call the camp office at **537-6583**.

Kindercamp Themes

- Week 1:** Holiday Hullabaloo
- Week 2:** Around The World in 5 Days
- Week 3:** Water, Water Everywhere
- Week 4:** Crazy Critter Week
- Week 5:** Outer Space
- Week 6:** Wonders of Nature
- Week 7:** Head, Shoulders, Knees and Toes

Themes are subject to change without notice



OUR FAMILY INVITES YOU TO JOIN THE FUN OF TAEKWONDO

A PART OF YOUR COMMUNITY FOR OVER 20 YEARS

SELF-DEFENSE FOR EVERYONE

TEACHING RESPECT & SELF-ESTEEM FOR CHILDREN

CHALLENGING MIND & BODY FOR ADULTS

Lil' Kicker Program
Colchester's premier children's program for 3-5 year olds
Register in August for Fall Session

COLCHESTER CHUNG DO KWAN ACADEMY
392 South Main St. (Rt. 85)

CALL NOW 537-6333 AND JOIN THE FUN
Master Instructor David J. Turgeon

*No Contracts
Family Discounts*

GENERAL INFORMATION

Insurance Information

We are unable to assume responsibility for injuries/accidents occurring at programs or on park facilities. Such insurance would make programs and user fees prohibitive.

Photo Permission

Participants permit the taking of photographs and video of themselves and their children during activities for publication and use for promotional purposes unless otherwise stated.

Americans with Disabilities Act

We are committed to accessibility for individuals with disabilities and strive to provide equal, integrated participation in all programs and services. We will reasonably accommodate all qualified program applicants in accordance with the 1990 Americans with Disabilities Act (ADA). We welcome questions, comments and concerns of interested community members regarding ADA compliance.

Find a Mistake?

It is our policy to include something for everyone. Since some people like to find errors, we regularly include a few in our brochure to meet this need. A Parks and Recreation water bottle will be awarded to the first caller to report an error. Program Changes Every effort has been made to ensure the accuracy of the information presented in this program guide. However, all courses, instructors, locations and fees described are subject to change.

HOW TO REGISTER

Registration Procedure: Please remember to include the *Activity Number* and *Activity Name* on your Registration Form. Example:

Women's Basketball

2000.303 WJJMS Gym 6:00pm-9:00pm Th

1. Walk-In

Stop by the Parks and Recreation office, Room 107, First Floor Town Hall. We are open to the public Monday thru Friday, 9:00 am - 4 pm.

2. Mail-In

Mail in registration form and fee (payable to the Town of Colchester) to:

**Parks & Recreation
127 Norwich Avenue
Colchester, CT 06415.**



3. Drop Box

Drop it in the drop box slot to the left of the front doors of the Town Hall. You can do this anytime the office is closed.

4. Fax or E-mail with

Fax (860) 537-0547

apmiazga@colchesterct.gov

4. Online Registration

Colchester Parks & Rec is part of the Active.com network to provide you with access to our programs 24/7. If you go to **www.colchesterct.net** you can access all Parks & Recreation program information and register on-line at your convenience! To access program information, click on Parks and Recreation on the menu, then click on Parks & Recreation PROGRAMS. This will link you directly to Active.com's website. You will find all programs offered listed at this location. To sign up for a program on line, you must register with Active.com initially to log on. There is a small processing fee to register this way. Sorry, program discounts and credits are not redeemable when registering on line.

PLEASE DO NOT PUT CREDIT CARD INFO IN A FAX OR EMAIL!



Satisfaction Guarantee

Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services we can. If at any time you are not happy with our services, please let us know your concerns in writing as soon as possible. We will arrange one of the following:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another activity
- Receive a refund (allow 4 weeks to process)

This policy applies to all programs except trips and tours.

Refund/Credit Policy

All refunds will be charged a \$10 handling fee, must be accompanied by a written request and be over \$20. Refunds under \$20 or without a written request will be left as a credit on the household's account. Credits to the household's account are not subjected to the \$10 handling fee. Prior to the program registration deadline (1 week prior to the start date) if a participant cancels their registration, they may receive a refund or credit. After the program registration deadline date refunds will only be given when accompanied by a doctor's note. If you transfer between classes before the registration deadline date there will be no handling fee.

Inability to Pay

If a hardship exists, the applicant may be granted a reduced or waived fee. Forms are available upon request. Confidential written applications may be made to the Parks and Recreation Director.

Non- Resident Policy

Colchester residents registrations will be processed first. Non-residents are eligible to participate if space allows. Non-resident registrations will be processed one week after registrations begin. There will be a \$15.00 non-resident fee. Non-residents may be placed on a waiting list, and will be called after all Colchester residents from the waiting list are contacted. Non-residents are ineligible to participate in a lottery. This policy excludes bus trips.

Waiting List

All registrations are accepted on a first come, first served basis. Enrollment cannot be guaranteed. If your desired class is filled, you will be notified and placed on a waiting list. We will make every effort to accommodate those on the waiting list by adding classes if possible. If additional class openings become available, we will use the waiting list to fill the class. If no openings occur, we will make a full refund.

Seasonal Brochures

Seasonal Brochures will be published 3 times a year. Generally, Winter/Spring activities are available in January. Spring/Summer activities are available in March and Fall/ Winter activities are available in September of each year.

•• Please Read!!! •• LOW ENROLLMENT PROCEDURE

The Early Bird Gets the Worm! Don't let a great program get cancelled due to low enrollment! REGISTER EARLY! If a program does not meet its minimum enrollment number one week prior to the start of the program, it will be cancelled.

PAYMENT PLANS

With a 50% non-refundable deposit, you may hold your spot in a class and set up an individualized payment plan. All payments must be made prior to the last class.



YOU MUST PRE-REGISTER FOR ALL PROGRAMS

REGISTRATION FORM

NO REGISTRATION WILL BE COMPLETED WITHOUT PAYMENT

FOR OFFICE USE ONLY

DATE: _____ REC'D BY: _____

CASH/CREDIT/CHECK # _____

☐ RECWARE ☐ WAIVER ☐ CONFIRMATION

Name/Adult: _____

Mailing Address: _____

Has this Address changed since you last registered? ____yes ____no

Evening Phone: _____ Day Phone: _____ E-mail: _____

Secondary Emergency Contact: _____ Phone: _____

MEDICAL INFORMATION

Physician: _____ Phone: _____

Please list any allergies, medications, or previous conditions which we should be aware of:

i.e. ADD, ADHD, Hearing impaired, Visually Impaired, Special Ed, etc. Allergies i.e. Peanuts, Laytex, Bee Stings, etc.

Do you need an accommodation because of a disability to enjoy this program? YES NO

Wheel Chair Access for Bus Trips

ASSUMPTION OF LIABILITY

Participation in the activity may involve risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Colchester, its employees contracted instructors and volunteers from the liabilities which may occur while participation in the activity. I understand that participation in any recreational or sport activity involves risk. I further understand that the Town of Colchester does not provide accident/medical insurance for program participants. In addition, I give permission for the child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian can not be reached at the phone numbers provided.

Signature (Parent/Guardian if participant is under 18) _____ Date _____

Other Signatures (All those listed below over 18 years of age must sign the release.) _____ Date _____

Please Circle: Credit Card#: _____ Expiration Date: _____

Name on Card: _____ Signature: _____

Participant	Sex	Date of Birth	Grade	Activity Number	Cost	Activity Name

Please send this form to:
Parks & Recreation • 127 Norwich Avenue • Colchester, CT 06415
or fax to 537-0547
Make check payable to: Town of Colchester

Non-Resident Fee
\$15.00 per class

Scholarship Fund
Donation

Total Due

Focus On...

Liz Kessler

The newest addition to the Colchester Parks & Recreation team would love to meet you! Elizabeth "Liz" Kessler's favorite part of her new job as our Office Manager is meeting and working with our steady flow of customers that visit our office each day – that and her great window view.

While Liz continues to learn the ins and outs of our department's daily routines, and add her own ideas and efficiencies, she really enjoys the face-to-face interaction of registering people for programs and activities.

Of course, as a life-long resident of Colchester, Liz already knows and recognizes many of our customers. Liz, her husband and their two kids can often be seen enjoying themselves at the Recreation Complex.



However, one of their true loves is camping. They've recently transitioned from tent camping to a more comfortable trailer, which has expanded their camping adventures.

While Liz is new to Parks & Recreation, she's not entirely new to the town. Liz was hired as an Administrative Assistant in the Planning and Zoning office last fall. But she could not pass up the opportunity to join our Parks & Recreation family when the position opened up. The move has even put her within

feet of her mother, Mary Jane Slade, who works as the Administrative Assistant next door at Public Works.

So whether you're a long-time friend of Liz, or never had the pleasure of meeting her, we invite you in to help us welcome her to the team!

SUMMER LEARNING CAMP

at the Community Learning Academy

The Fun Way To Learn!

CAMP K-1

This camp is for children entering kindergarten and first grade.

TOPICS:

- ✿ Basic Reading Skills
- ✿ Simple Math Concepts
- ✿ Art, Music, Language



CAMP 2-6

This camp is for children entering Grades 2 through 6

TOPICS:

- ✿ Reading, Writing, Math
- ✿ Science, History, Geography
- ✿ Art, Music, Drama

Both camps include a weekly trip to the library, a nutritious snack, and book club.

July 10th to August 23rd

Tues., Wed., Thurs. - 9am-10:30am

\$12 per day \$10 for multiple children

July 9th to August 24th

Mon. thru Friday. - 9am-12pm

\$22 per day \$20 for multiple children

CREATE YOUR SCHEDULE: Circle the days your child will attend:

T

W

TH

M

T

W

TH

F

Parent's Name: _____

Phone#: _____

Child's Name: _____

Age: _____

Grade in Sept: _____

Address: _____

Registration deadline is June 15th with 50% deposit; Remaining balance due July 13th. Complete form & return to:

(860)537-5800 **Community Learning Academy, 68 Linwood Ave. Colchester, CT 06415** www.CLAtutoring.com

CONNECTICUT DEFENDERS



**Connecticut's / Colchester's
Hometown Team**



**Friday Night Fireworks
Courtesy of Xtramart**



**Kids 12 and Under can come free Sunday through
Thursday, regular season games when wearing a
Youth Sports Jersey, courtesy
(Regular Season Games Only)
Edy's Sundae, Fun Day, Run Day,
after every home Sunday Game**



2007 SCHEDULE

	SUN	MON	TUES	WED	THUR	FRI	SAT
JUNE						PRT	PRT
1	100		5	6/15	6/17	10/15	6/15
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TICKET PRICES

Premium: \$10.00
Reserve: \$8.00
Grandstand: \$7.00
Falvey's Jeep Seats:
\$5.00
Kids/Seniors: \$5.00

Additional savings with
Group Rates, Mini Plans
and special discounts.

DAILY DISCOUNTS

Sunday-Thursday:

- \$2 off any ticket with your Big Y Card
- Big Y Youth Sports Program

Tuesdays:
Buy One Get One FREE

Wednesdays:
\$3 Tickets for Seniors

Thursdays:
Buy One, Get one FREE
From Children's
Museum Of Southeast
Connecticut

OTHER DISCOUNTS

Military (Active & Retired):
\$3 off any ticket

Mohegan Sun Players Card:
Buy one, get one FREE

AAA Members:
Buy one, get one FREE
(includes buy one get one free hot dog coupon)

HOW TO BUY TICKETS

At the Box Office:
Weekdays: 9:30-5

Saturday: 9:30-2

Game Days:
9:30-end of game

Call 860.887.7962

Online at:
www.ctdefenders.com



If you're **safe on second**, but your **back is definitely out** of the park, *remember that we're open weekends.*

Colchester Backus Health Center
163 Broadway • Colchester, CT
(860) 537-4601



No matter the sport, keep in the game with The Colchester Backus Health Center. From pre-season physicals to field-related injuries, we offer the care you need and the convenience you appreciate in a friendly, comfortable environment.

The Colchester Backus Health Center is open seven days a week. Patients are seen by appointment or on a walk-in basis and we accept most major insurance plans.

New primary care patients are welcome.

CENTER HOURS:

Primary care, Sick/injured care:

Monday - Friday • 8 a.m.-6 p.m.;
Saturday and Sunday • 9 a.m.-5 p.m.

Laboratory services:

Monday - Friday • 8 a.m.-12:30 p.m.;
& 1 p.m.-2:30 p.m.

X-Ray services:

Monday - Friday • 8 a.m.-6 p.m.;
Saturday • 9 a.m.-5 p.m.

Diagnostic Imaging by
appointment only.